
TruFood is YOUR on-site restaurant company offering café and catering services to private schools in South Eastern Michigan.

We impart the value of healthy eating all day long. Starting with made-to-order breakfast options, we offer full café lunch, multi-course buffet dinner options, and grab-and-go items for after-school events, games and practices.

We are ready to serve all of your sporting events, both on- and off-site.

Let TruFood simplify your catering plans.

CALL NOW!

248.933.9346



TruFood has your pre-game, post-game and team unity dinners covered!

- No more preparing, or picking-up and dropping off messy food
- No more allergen or cross-contamination concerns

Let our Chefs take care of everything!





TruFood CATERING



We are **On-Site**
providing **HEALTHY**
EATING all day long!

Maria Cifani-Stepp
(248) 933-9346
mcifanistepp@gmail.com

GRAB-N-GO

YOGURT - \$1.75

YOGURT PARFAIT - \$3.00

WHOLE FRUIT - banana, apple, orange - \$1.00 ea

MUFFIN - \$1.50

BAGEL & CREAM CHEESE - \$1.50

CHIPS - \$1.25

GRANOLA BARS - \$1.00

BOTTLED JUICES - \$1.75

GATORADE - \$1.75

Guernsey CHOCOLATE MILK - \$1.50

BOTTLED WATER - \$1.00

Canned SODA - \$1.00



TEAM SNACKS

SANDWICHES

\$5.00 per person

VARIETY WRAPS or 8" SUB SANDWICHES

Italian, Turkey, Veggie options
with lettuce & provolone cheese



Ordered as a platter or
as individually boxed meals

Egg and Cheese BURRITO - \$3.50 per person

AWAY Games

We have you covered!

Individually boxed and ready for pick up

SAMPLE PRE-GAME BOX

\$7.25 per person

Egg & Cheese Burrito,
granola bar, banana, gatorade

SAMPLE POST-GAME BOX

\$8.25 per person

6" Italian Sub, chips, apple
Bottled water

SAMPLE TEAM DINNER

\$8.00 per person

PulledPork Sandwiches, tater tots,
vegetable pasta salad

TEAM MEALS

ENTRÉES

\$5.00 pp. each - *individually packaged
TO GO*, Includes 1 side

\$8 pp. each - Buffet Option
Includes 1 side

- Chicken Enchilada
- Chicken Stir Fry
- Fresh Breaded Chicken Tenders
- Pulled-Pork Sandwiches
- Tilapia Fish Sandwiches
- Sliced Roast Beef with Gravy
- Beef Brisket
- Hamburger/Cheeseburgers
- Tacos: Beef, Chicken or Fish
- Grilled Chicken
- Fettuccini Alfredo
- Penne with Meat or Tomato Sauce
- Macaroni & Cheese

SIDES

Additional side is \$1.50 per person

- Seasonal Vegetables
- Rice Pilaf
- Potatoes - french fries, tater tots, mashed or
sweet potato fries
- Tossed Salad
- Antipasta Salad
- Vegetable Pasta Salad

DESSERTS

\$1.25 per person

- Brownie/Cookie Tray
- Chocolate Cake