



Brother Rice Summer 2020 - Safe Return to Athletic Development

Brother Rice has been monitoring the Covid-19 fluidity over the last two months to prepare for the reopening of athletic activities due to the pandemic. Now that the stay at home order has been lifted, we will open up outdoor athletic practices and training at Brother Rice High School on Wednesday, June 10, 2020 according to the following guidelines based on how things currently stand:

Brother Rice Athletic, Activities, and Outside Groups during Phase 4/MHSAA Modified Step 2

- Coaches/Advisors can work with athletes/students in groups of 100 while social distancing outside
- No indoor workouts/practices at this time
- Athletes and coaches will need to do a pre-workout/practice screening prior to participating. This will be done before every athletic practice or training session by the coach running the practice or training session. Link to screening form: <https://go.brrice.edu/covid-athlete>
- Workouts should be conducted in Pods (10 or fewer participants per pod, same pod each day)
- When possible have workouts, meetings, etc outside to utilize larger space areas
- Each coach and participant must complete the COVID monitoring form
- Hand Wash/Sanitizer every 30 minutes while working out (each athlete should bring their own sanitizer)
- All equipment must be cleaned between uses. Athletes and coaches are expected to disinfect areas and equipment following practice. No sharing of equipment
- Equipment will not be shared during athletic practices and training without being disinfected first.
- All members wear masks when appropriate (no mask while working out)
- No scrimmages or competitions
- No locker rooms will be open. No indoor bathrooms will be available, outside porta johns will be accessible.

- Athletes must bring their own water bottles. Any athlete that does not show up with their own water bottle will not be allowed to participate. Please provide distinguishing markings on personal bottles.
- Students need to shower and wash their workout clothing immediately upon returning to home.
- If a student or coach is ill they are not allowed to attend practice. Parents, we need your help on this.
- Coaches will train athletes on how practices will be safely run outside until we can fully open inside as well as outside.
- Post training ALL students must leave the area immediately, NO CONGREGATING in the parking lot.
- Entrance/Exit Strategies:
 - Warrior Park - Enter facility at ticket booth gate, exit facility gate on NE side of parking lot
 - Fracassa Field - Enter facility at large sliding gate, exit facility at small gate on NW near shed
 - Ambrose Field - Enter facility at large sliding gate, exit facility at small gate on NW fence

Coaches cannot meet with students until the coaches have gone through protocol training. We will continue to evaluate these guidelines and adjust as needed to keep our athletes and coaches safe.

SCREENING DIRECTIONS:

Each student will have a Google-based link he can download to the home screen of his phone. This is where he will enter the answers to his screening questions. ****We suggest that your community members save the form link to their cell phone home screen. This will allow access to the form anytime. Please see the links below on how to add the icon as well as the link to the screening form:**

Screening Form: <https://go.brrice.edu/covid-athlete>

- **Instructions for Android**
 - [Option 1](#)
 - [Option 2](#)
- [Instructions for Apple](#)